



REFLECTIONS

AUGUST 2021



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Our Mission - Health For All

Did You know ?

1. According to the National Program for Control of Blindness the present prevalence is 0.56% in Uttarakhand. With Cataract prevalence of 62.6% in above 50 years population.
2. The facility for Cataract operation however is available in only 6 combined hospitals, 10 district hospitals, 2 Base hospitals and 2 Govt. Medical colleges.

What does "Health for All" stands for ?

The Hans Foundation Hospitals under its mission 'Health for All' strives to provide quality healthcare to the underprivileged communities through its Hospitals; 150 bedded multi-specialty General Hospital in Satpuli and a 30-bedded Eye Hospital in Haridwar since 2014. Our health facilities are working compassionately and have benefitted more than **2,00,000 people last year (2020 – 2021).**





EC- Haridwar Highlights

AUGUST 2021

- We did 734 Surgeries this month.
- 89% PHACO surgeries this month and 11% SICS.
Painless surgery has considerably impacted the patient experience.
- Stay time of surgery patients in the Hospital : 04 hrs 24 minutes.
- Stay time of appointment patients in the Hospital : 26 minutes
- 92% Day care surgeries.
8% night stay patients from hill.
- Same day advised and same day surgery numbers : 46
Patient walked in for OPD Consultation and also got eye surgery on the same day.
- OPD numbers this month : 9454
- New Patients % this month : 50%
- Pharmacy dispensing this month : 4643
- Pharmacy conversion % this month : 78.15 %
- Opticals dispensed this month : 1195
- Optical conversion % this month : 65.35 %



GH-EC Highlights

AUGUST 2021

- We did 699 Surgeries this month.
- 97% PHACO surgeries this month and 13% SICS.
Painless surgery has considerably impacted the patient experience.
- OPD numbers this month : 1200
- New Patients % this month : 95%
- We did 57 Outreach clinic's this month.
- Outreach clinic's OPD - 6931
- Pharmacy dispensing this month : 702
- Opticals dispensed this month : 266

The Questions you should ask the patient for helping him choose his lenses:

Are you looking for an option to see effortlessly ?

What kind of Lifestyle do you have ?

What kind of lifestyle do you want to have after surgery ?

Helping Patients to Select the Right Lenses

-THE COUNSELLING.

सही लेस का चुनाव कैसे करें



Monofocal lenses - The patient would need to wear glasses after cataract surgery for some activities. It only corrects distance vision.

Multifocal lenses- The patient wouldn't need to wear glasses after cataract surgery. These lenses have benefits of clearer vision with more details.

In India, approximately 68 lakh people suffer from corneal blindness in at least one eye; of these, 10 lakh people are blind in both their eyes. In most cases, loss of sight can be corrected through 'Eye Donation'.

Eye Donation Fortnight 2021

-25th August – 8th September 2021.

All we need to know about eye donation :

- Anyone can donate their eyes irrespective of age, sex and blood group.
- The cornea should be removed within an hour of death.
- Eyes of donated person can save the vision of two corneal blind people.
- Eye removal takes only 10-15 minutes and leaves no scar or disfigurement of the face.



हंस
नेत्रालय
सतपुली हरिद्वार

जीते-जीते रक्तदान
जाते-जाते नेत्रदान

EYE DONATION FORTNIGHT 2021
25th August - 8th September 2021

“ Corneal blindness effects mainly children and young adults who have a long life ahead of them. ”

परम पूजनीय भोले जी महाराज
करुणामयी माता मंगला जी

In order to contribute the spirit of the Fortnight, The Hans Foundation Hospitals released Awareness creatives in Social Media. A video is also created to train staff, paramedics in the hospital on the basics of Eye donation. This can be used by anyone to create awareness and educate people about Eye Donation.

Visual Outcomes of Cataract Patients

-AUGUST 2021

EC- haridwar Cataract outcomes-July-2021		
Perfect Vision	217	40%
Good vision with WHO	291	54%
Poor vision	1	0%
GVP with poor vision	22	4%
Lost to follow up (Not came for follow up)	4	1%
Child	3	1%
Total	538	100%

GH Cataract outcomes-July-2021		
Perfect Vision	173	57%
Good vision	119	39%
Poor vision	0	0%
GVP with poor vision	6	2%
Lost to follow up (Not came for follow up)	4	2%
Total	302	100%

Assessing surgery outcomes is an important aspect of Quality of Care to the patient. As a part of our ethos this also gives us an overview of our Clinical expertise.

840 Cataract Surgeries together in GH and EC showed following results :





अँधेरे से उजाले की ओर

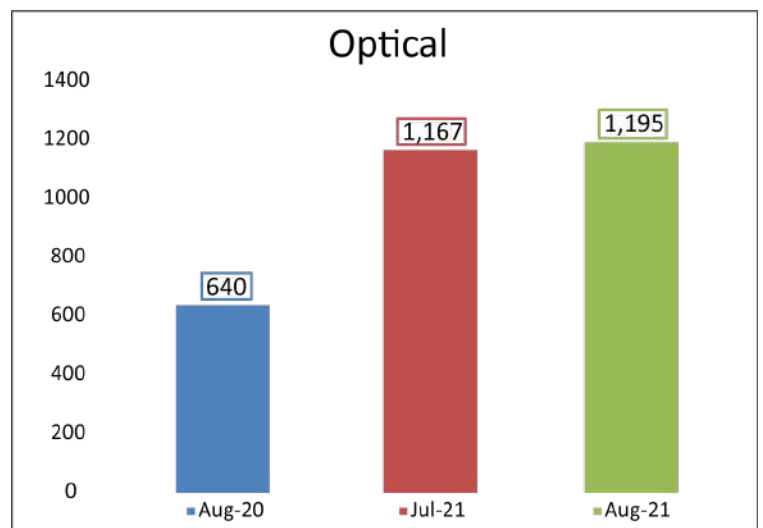
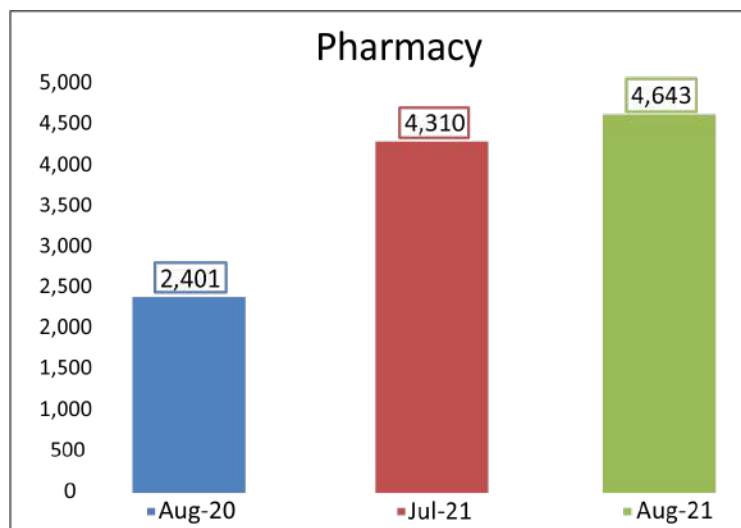
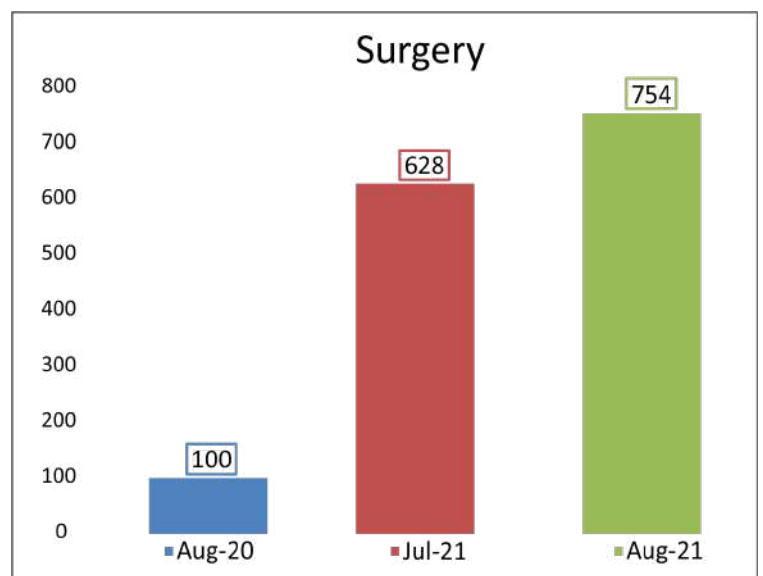
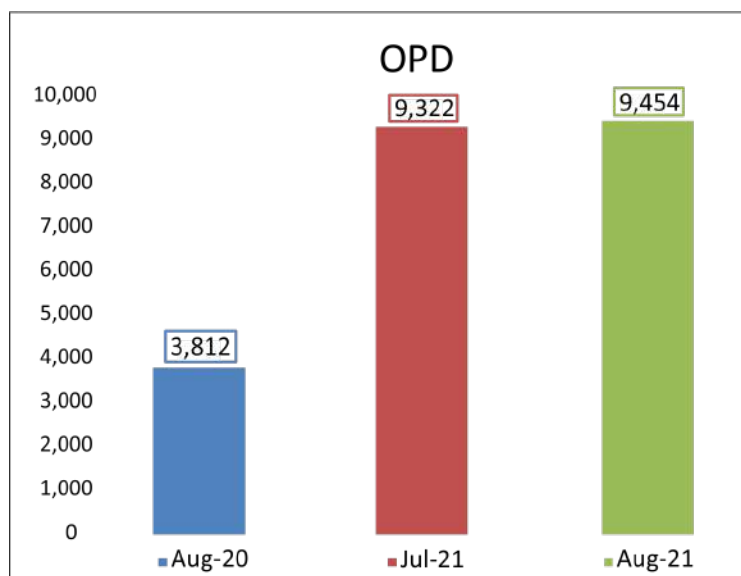
- AUGUST 2021

The patient is a 44 year-old male with a history of diabetes, presented with complete vision loss in both eyes since last 4 years. Phaco with PPV was performed under two separate procedures one week apart. After first follow up the patient was able to see with Right Eye with Finger Counting close to face and Left eye with 6/36 vision.

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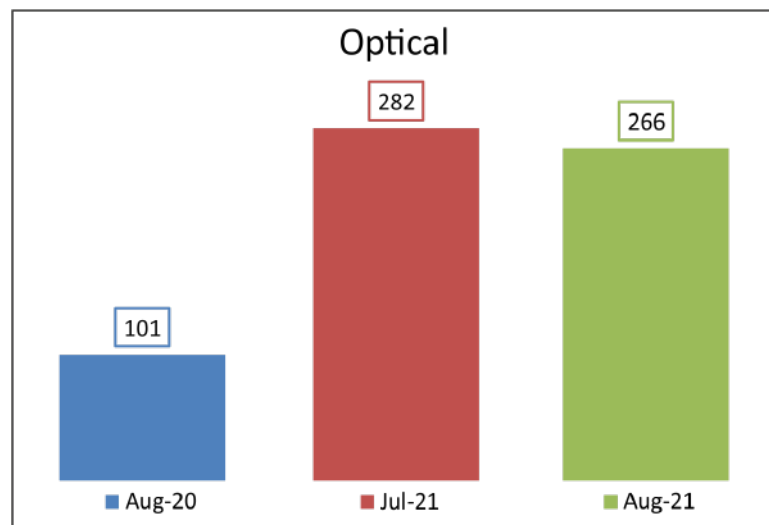
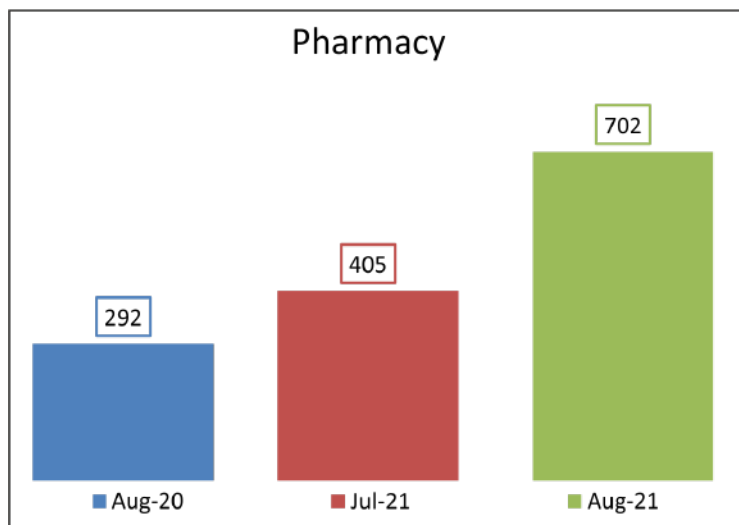
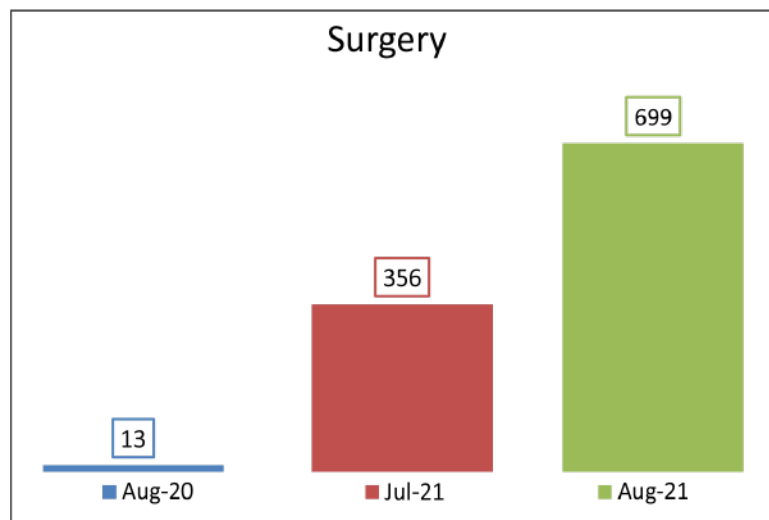
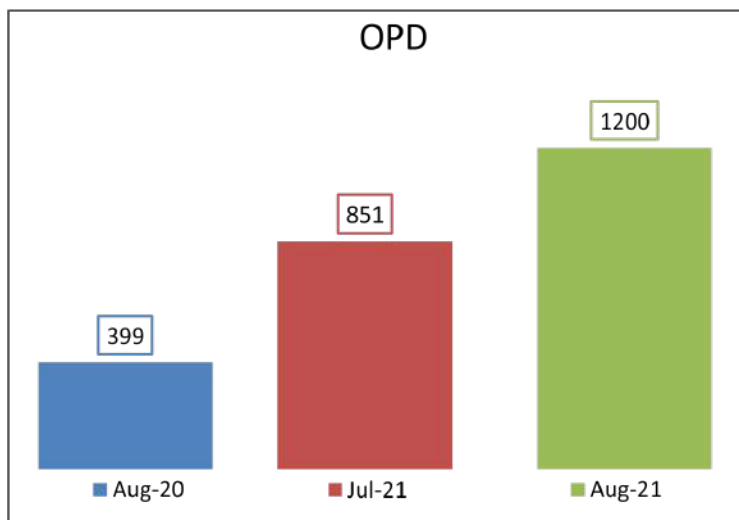
Datasnapshot of EC- Haridwar

-AUGUST 2021



Datasnapshot of GH-EC

-AUGUST 2021



Nearly 90% of the population has difficulty reading, understanding, and acting upon medical information, it is no surprise that many patients are leaving the hospital confused by their Post Op instructions.

The Importance of Discharge Talk

-THE COUNSELLING.



One of the most important pieces of a hospital stay is the discharge process. During this process patients become responsible for their care and are given instructions on how to get better, including scheduling follow-up appointments and taking medications. This information is critical to a patient's outcome. Not to mention most patients are distracted during this process, as they are eager to get out of the hospital and get home.

हर घर स्वास्थ्य की दस्तक

- AUGUST 2021

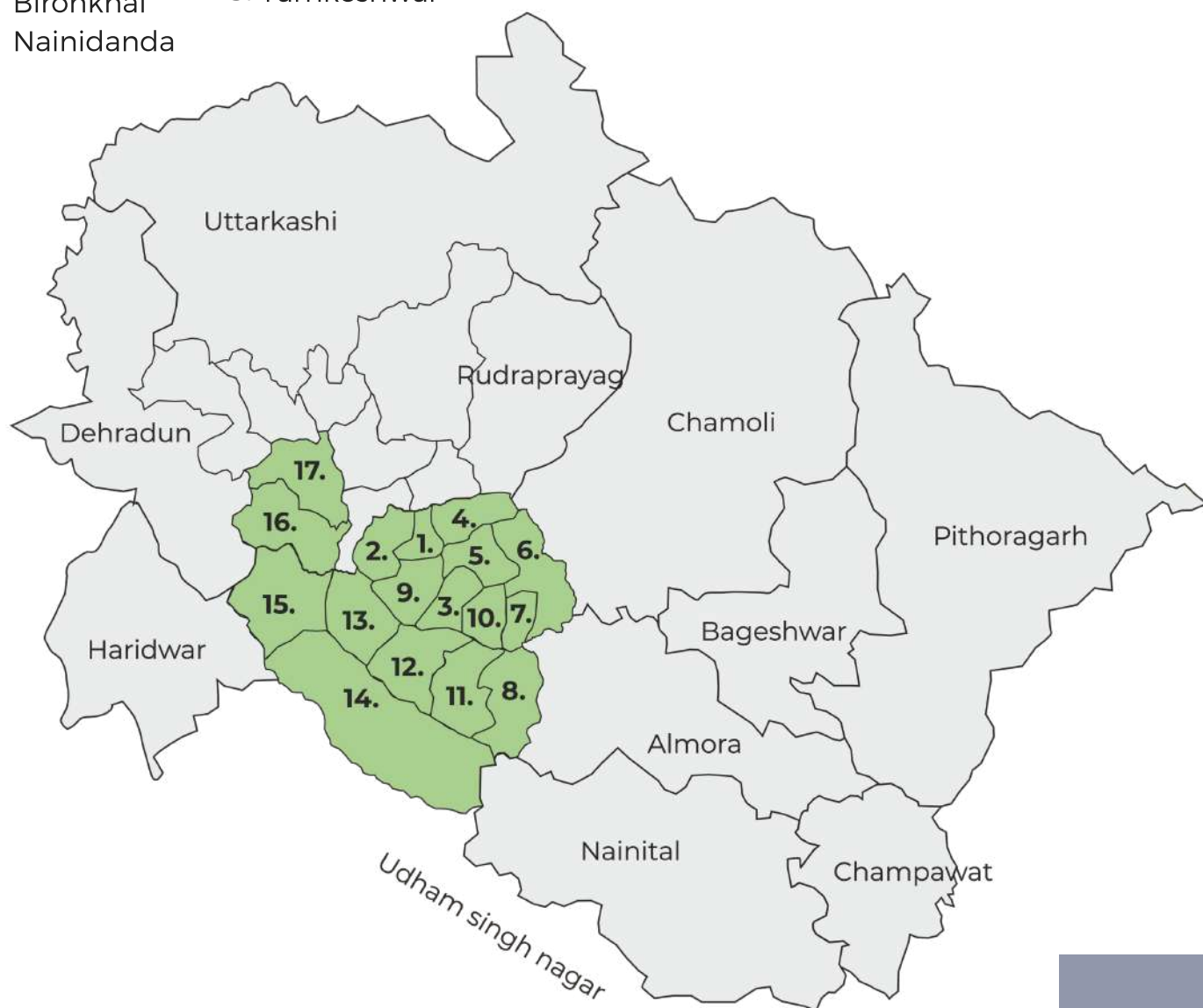
Blocks covered in August 2021.

Garhwal

1. Pauri
2. Kote
3. Kaljikhhal
4. Khirsu
5. Pavo
6. Thalısain
7. Bironkhal
8. Nainidanda
9. Ekeshwar
10. Pokhra
11. Rikhnikhal
12. Jaharikhal
13. Dwarikhhal
14. Dugadda
15. Yamkeshwar

Tehri

16. Narendranagar
17. Chamba



हर घर स्वास्थ्य की दस्तक

- AUGUST 2021





हर घर स्वास्थ्य की दस्तक

- AUGUST 2021



Campaigns of August 2021



Know your Colleague

-AUGUST 2021



आपका पूरा नाम : विनोद रावत

THFH में कार्य करने के लिए आपको क्या प्रेरित करता है ?

मैं हंस फाउंडेशन जनरल हॉस्पिटल के नेत्र विभाग में ओटी टेक्नीशियन के पद पर कार्यरत हूँ। यह मेरा सौभाग्य है कि मुझे वर्तमान समय में अपने जन्म भूमि उत्तराखंड में रहकर अपने क्षेत्र के लोगों की सेवा करने का एक स्वर्णिम अवसर द हंस फाउंडेशन हॉस्पिटल्स के माध्यम से प्राप्त हुआ है। हॉस्पिटल द्वारा जरूरतमंदों को निस्वार्थ भाव से सेवा करना मरीजों के प्रति प्रेम तथा सच्ची निष्ठा व समर्पण की भावना, यहां कार्य करने के लिए प्रेरित करती है।

कृपया हमें अपने परिवार के बारे में कुछ बताएं ?

मैं अल्मोड़ा जिले के ग्राम तोलबुधानी, ब्लॉक स्याल्दे का मूल निवासी हूँ। मेरे परिवार में मेरी माता जी मेरी धर्मपत्नी व एक पुत्री दो छोटे भाई रहते हैं।



जन्म तिथि : 7- जनवरी
पसंदीदा अभिनेता : आमिर खान
फिलोसोफी : कठिन परिश्रम ही सफलता की कुंजी है
पसंदीदा फिल्में : 3 idiots
पसंदीदा रंग : हरा
पसंदीदा पुस्तक : रामचरित मानस
पसंदीदा खाना : राजमाह चावल
पसंदीदा यात्रा स्थान : चार धाम

आपकी प्रेरणा और आदर्श कौन है ?

मेरी प्रेरणा मेरे माता-पिता हैं, जिन्होंने मुझे अच्छे संस्कार प्रदान किए तथा जीवन के उच्च मूल्यों का ज्ञान दिया। उनके दिशा निर्देश व पूर्ण सहयोग से मैंने अपने जीवन की शिक्षा दीक्षा प्राप्त की, इन्हीं के द्वारा दिए गए आदर्श तथा संस्कार हैं। जिनमे कि मैं अपने कार्य पूर्ण निष्ठा तथा ईमानदारी के साथ करता हूँ।

आप अपने खाली समय में क्या करना पसंद करते हैं ?

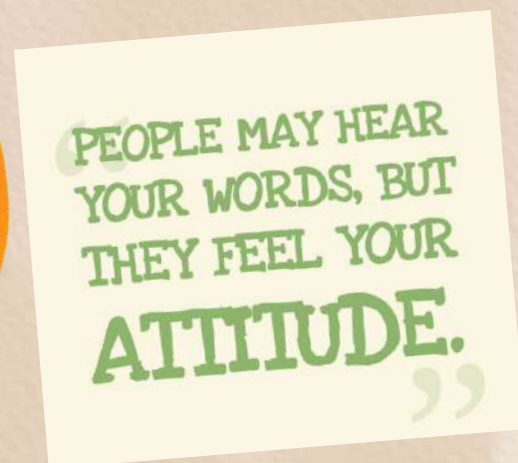
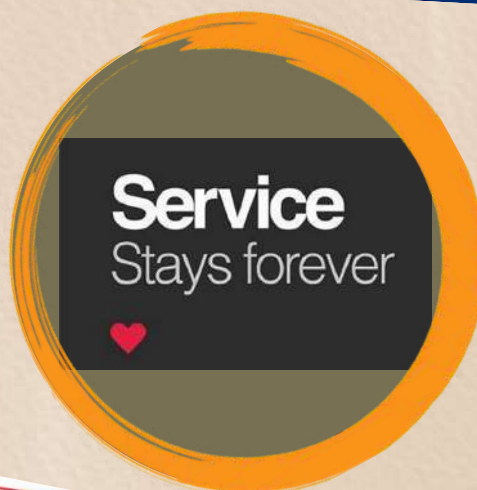
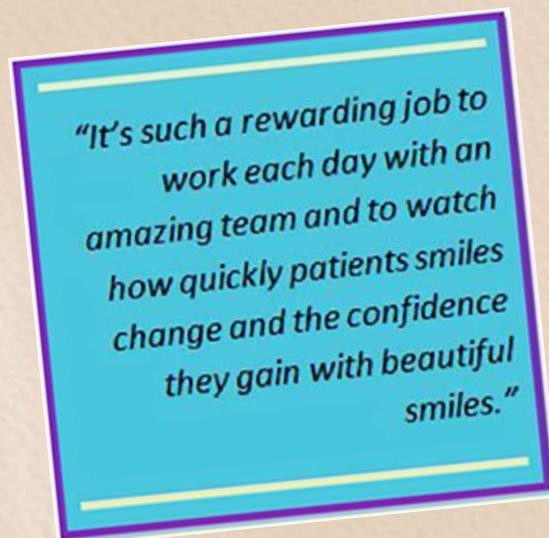
खाली समय में मुझे फ़िल्में देखना पसंद है।

सहकर्मियों के लिए कोई संदेश ?

टीम वर्क से किया गया कठिन से कठिन कार्य भी आसान बनाया जा सकता है।

August Quotes

-AUGUST 2021.



THE HANS FOUNDATION GENERAL HOSPITAL



we are NABH Accredited



It is with immense pleasure we proudly announce
The Hans Foundation General Hospital is now
NABH accredited.

Persistence.Performance.Excellence