



CONTENTS

HIGHLIGHTS FOR THE MONTH OF FEBRUARY 2021 **3**

PATIENT SAFETY GOAL 5 - MEDICATION SAFETY **4**

VISUAL OUTCOMES OF CATARACT PATIENTS - FEB 2021 **5**

CAMPAIGNS FOR FEBRUARY 2021 **6**

DATA SNAPSHOT **7**

VIRTUAL CONSULT PROGRAM **8**

MARCH QUOTES **9**

 KNOW YOUR COLLEAGUE **10**

NEW UNIFORM F&B STAFF **11**

HIGHLIGHTS OF THE MONTH OF FEBRUARY 2021

- 1** We did **512** Surgeries this month
- 2** **96.5%** PHACO surgeries this month and **3.5%** SICS –
Painless surgery has considerably impacted the patient experience.
- 3** Stay time of surgery patients in the Hospital : **04 hrs 50 min.**
- 4** Stay time of appointment patients in the Hospital : **27 mintues.**
- 5** **100%** Day care surgeries
No night stay at hospital
- 6** Same day advised and same day surgery numbers : **94**
Patient walked in for OPD Consultation and also got eye surgery on the same day.
- 7** OPD numbers this month : **8572**
- 8** New Patients % this month : **59%**
- 9** Pharmacy dispensing this month : **3779**
- 10** Pharmacy conversion % this month : **80.97%**
- 11** Opticals dispensed this month : **1106**
- 12** Optical conversion % this month : **77.21%**



PATIENT SAFETY GOAL - 5

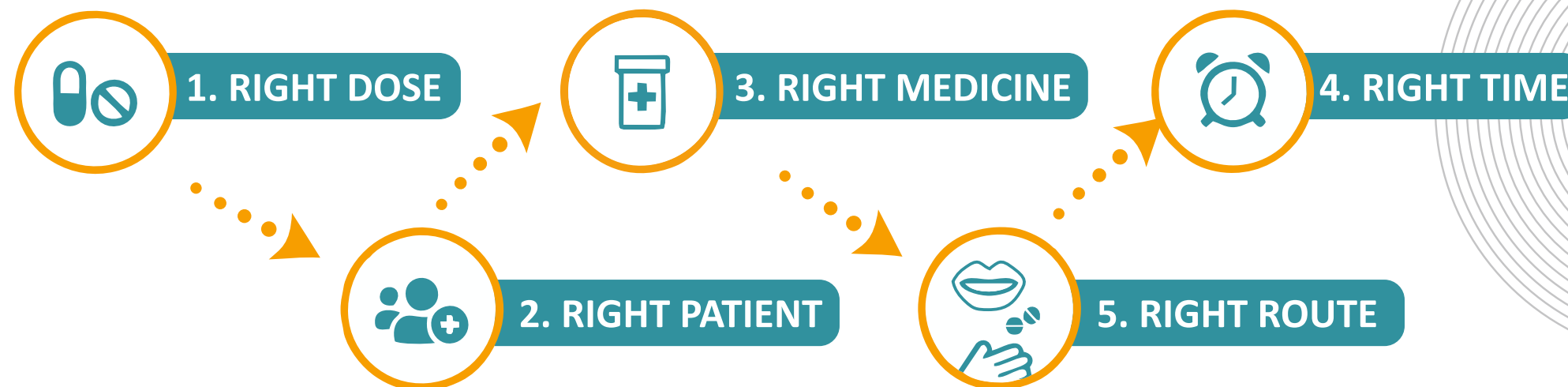
MEDICATION SAFETY



- We identified LASA MEDICATIONS in ward, OT, store and pharmacy.
- These are Look Alike Sound Alike Medicines which have maximum chances of error.
- These were identified and stored separately and a list was put up.
- Inventory Management was added to training to develop a system to define Reorder levels for inventory and a system of weekly indent.

Medication safety was the safety goal of Feb 2021.

For all medicines we check 5 Rights



VISUAL OUTCOMES OF CATARACT PATIENTS - JAN 2021



In January month (out of 289 cataract surgeries) we were able to achieve:

- 6/6 perfect vision in 53.3% patients
- >6/18 Good vision in 38.1% patients.
- GVP with good vision in 2.8% patients
- Poor vision in 1.4% patients
- GVP with poor vision in 4.2% patients

Each month, THF EC serve & see cataract patients through their healing process. Post-Operative care after cataract surgery is one of the important process at THF EC. We have implemented five (5) post-operative care visits for each surgery patient. These post-operative visits are to ensure that the surgery was carried out well, the patient is well-healed & stable and to measure the outcome of surgery.

CAMPAIGNS FOR FEBRUARY 2021

ENHANCING YOUR VISION

Always in sight

For a myriad of reasons, many among us are deprived of the gift of sight. However, the fact remains that they might be able to see again, if only more people donated their eyes



Dr. Divyanshu Hooda, senior ophthalmologist, says that the concept of eye donation stands in support of the mission to give the gift of sight to those suffering from corneal blindness.

There is a general belief that when one donates their eyes, the face gets disfigured, but that is clearly not the case. Only the cornea is removed and the eye remains intact. The other widespread myth is that Corneal Extraction from the deceased will cause blindness in the next birth. Thankfully, things are now changing and we have been able to motivate about 1000 people to voluntarily donate their eyes through our efforts. We will continue making efforts till the number increases manifold.

Neeta Malik, who works towards the cause of spreading awareness about eye donation, says that there are currently an estimated 15 million blind people in India. 6.6 million of these suffer from corneal blindness with a vision less than 6/6 in at least one eye. Of these, about one million have bilateral corneal blindness.

A surgical corneal implant, wherein the diseased or damaged cornea is removed and replaced by a healthy cornea from a deceased donor, can enable such patients to see again. The downside is that 75 percent of cases of available blindness go untreated simply because of the acute shortage of eye donors in our country as organ donation is a sensitive issue and needs to be handled with care. **Dr. Divyanshu Hooda** and **Neeta Malik**, a young couple working towards improving the idea of eye donation, "The great thing about corneal donation is that everyone is a potential donor, bearing a select

Eye care is essential

It is evident that a premature baby is more fragile and susceptible to organ failures as compared to a full-term baby. We discuss the nuances of retina care in premies



Richa Jaiswal, a neonatal ophthalmologist, says that the health of the mother, because their organs aren't fully ready to work on their own, premies are at risk for health problems such as intracranial, heart and respiratory diseases.

It takes at least 44 weeks for the baby to develop safely. The blood vessels that emerge from the central area are in the growth phase and demand regular attention and check-ups by an expert. There are various areas of the eye that can sustain injury if competent care is not given to the baby. This could even result in permanent blindness for individuals at a later phase.

Dr. Priyanka Garg, eye clinic retinal surgeon, who specialises in infant ophthalmology, says that while there is no cure for glaucoma yet and vision loss is irreversible, medication or surgery can halt or slow down any further vision loss. Early detection is essential to limiting visual impairment.

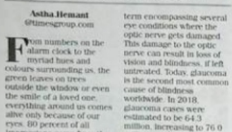
Dr. Divyanshu Hooda, senior ophthalmologist, says that while there is no cure for glaucoma yet and vision loss is irreversible, medication or surgery can halt or slow down any further vision loss. Early detection is essential to limiting visual impairment.

ENHANCING YOUR VISION

SUNDAY, FEBRUARY 14, 2021 TIMES PLUS

Matter of our eyes

Often referred to as a silent blinding disease, glaucoma is the second most common cause of sight loss. A little awareness is all that is needed to prevent glaucoma from causing irreparable damage to our eyes



Anisha Khosla, senior ophthalmologist, says that the health of the mother, because their organs aren't fully ready to work on their own, premies are at risk for health problems such as intracranial, heart and respiratory diseases.

It takes at least 44 weeks for the baby to develop safely. The blood vessels that emerge from the central area are in the growth phase and demand regular attention and check-ups by an expert. There are various areas of the eye that can sustain injury if competent care is not given to the baby. This could even result in permanent blindness for individuals at a later phase.

Dr. Priyanka Garg, eye clinic retinal surgeon, who specialises in infant ophthalmology, says that while there is no cure for glaucoma yet and vision loss is irreversible, medication or surgery can halt or slow down any further vision loss. Early detection is essential to limiting visual impairment.

Windows to the world

Good health is not a luxury, it is a right of every individual in the world. So we age, the body gets prone to many ailments. We try to keep pace with health issues but often end up neglecting our eyes, which later snowball into bigger issues. While everything we do to perform yoga may help to relieve eye strain and tension, but issues like cataract cannot be avoided. Even mild cataracts can become the reason for vision problems.

Dr. Divyanshu Hooda, senior ophthalmologist, says that the health of the mother, because their organs aren't fully ready to work on their own, premies are at risk for health problems such as intracranial, heart and respiratory diseases.

It takes at least 44 weeks for the baby to develop safely. The blood vessels that emerge from the central area are in the growth phase and demand regular attention and check-ups by an expert. There are various areas of the eye that can sustain injury if competent care is not given to the baby. This could even result in permanent blindness for individuals at a later phase.

Dr. Priyanka Garg, eye clinic retinal surgeon, who specialises in infant ophthalmology, says that while there is no cure for glaucoma yet and vision loss is irreversible, medication or surgery can halt or slow down any further vision loss. Early detection is essential to limiting visual impairment.

Eyes are our medium to stay connected to the outside world and we must keep them healthy and smiling...

Dr. Divyanshu Hooda, senior ophthalmologist, says that the health of the mother, because their organs aren't fully ready to work on their own, premies are at risk for health problems such as intracranial, heart and respiratory diseases.

It takes at least 44 weeks for the baby to develop safely. The blood vessels that emerge from the central area are in the growth phase and demand regular attention and check-ups by an expert. There are various areas of the eye that can sustain injury if competent care is not given to the baby. This could even result in permanent blindness for individuals at a later phase.

Dr. Priyanka Garg, eye clinic retinal surgeon, who specialises in infant ophthalmology, says that while there is no cure for glaucoma yet and vision loss is irreversible, medication or surgery can halt or slow down any further vision loss. Early detection is essential to limiting visual impairment.

Dr. Divyanshu Hooda, senior ophthalmologist, says that the health of the mother, because their organs aren't fully ready to work on their own, premies are at risk for health problems such as intracranial, heart and respiratory diseases.

Health comes first

SUNDAY, FEBRUARY 28, 2021 TIMES PLUS

King of all meals

During a busy morning, it's easy to let breakfast fall in your priority list. However, don't forget that breakfast guarantees you a good health

Dr. Divyanshu Hooda, senior ophthalmologist, says that the health of the mother, because their organs aren't fully ready to work on their own, premies are at risk for health problems such as intracranial, heart and respiratory diseases.

It takes at least 44 weeks for the baby to develop safely. The blood vessels that emerge from the central area are in the growth phase and demand regular attention and check-ups by an expert. There are various areas of the eye that can sustain injury if competent care is not given to the baby. This could even result in permanent blindness for individuals at a later phase.

Dr. Priyanka Garg, eye clinic retinal surgeon, who specialises in infant ophthalmology, says that while there is no cure for glaucoma yet and vision loss is irreversible, medication or surgery can halt or slow down any further vision loss. Early detection is essential to limiting visual impairment.

Sweat it out!

Don't have time to hit the gym? Don't worry, here's how you can stay fit at home by trying different exercises...



Dr. Divyanshu Hooda, senior ophthalmologist, says that the health of the mother, because their organs aren't fully ready to work on their own, premies are at risk for health problems such as intracranial, heart and respiratory diseases.

It takes at least 44 weeks for the baby to develop safely. The blood vessels that emerge from the central area are in the growth phase and demand regular attention and check-ups by an expert. There are various areas of the eye that can sustain injury if competent care is not given to the baby. This could even result in permanent blindness for individuals at a later phase.

Dr. Priyanka Garg, eye clinic retinal surgeon, who specialises in infant ophthalmology, says that while there is no cure for glaucoma yet and vision loss is irreversible, medication or surgery can halt or slow down any further vision loss. Early detection is essential to limiting visual impairment.

हंस फाउंडेशन हॉस्पिटल्स
बहादुराबाद, हरिद्वार

SAME DAY DISCHARGE

CATARACT SURGERY
CHANGE THE WAY YOU SEE THE WORLD

BOOK AN APPOINTMENT
9456597802
9456597809

परम पूजनीय भोले जी महाराज करुणामयी माता मंगला जी

अच्छा लगता है अब साफ़ साफ़ दिखने लगा है

हंस फाउंडेशन हॉस्पिटल्स
बहादुराबाद, हरिद्वार

THE BLACK THIEF

GLAUCOMA
Kala Motia

Prevention & Risk Management

Glaucoma (Kala Motia) can silently progress without symptoms and cause blindness. Knowledge about the disease and regular monitoring can prevent loss of vision.

People at Risk for Glaucoma - Those with family history of Glaucoma, High Eye Pressure, Diabetes, Thyroid disorder, Myopia, Steroid consumption and above 50 years of age.

For Queries & Appointment
9456597802
9456597809

परम पूजनीय भोले जी महाराज करुणामयी माता मंगला जी

हंस फाउंडेशन हॉस्पिटल्स
बहादुराबाद, हरिद्वार

अंधेरे से उजाले की ओर.....

see our difference

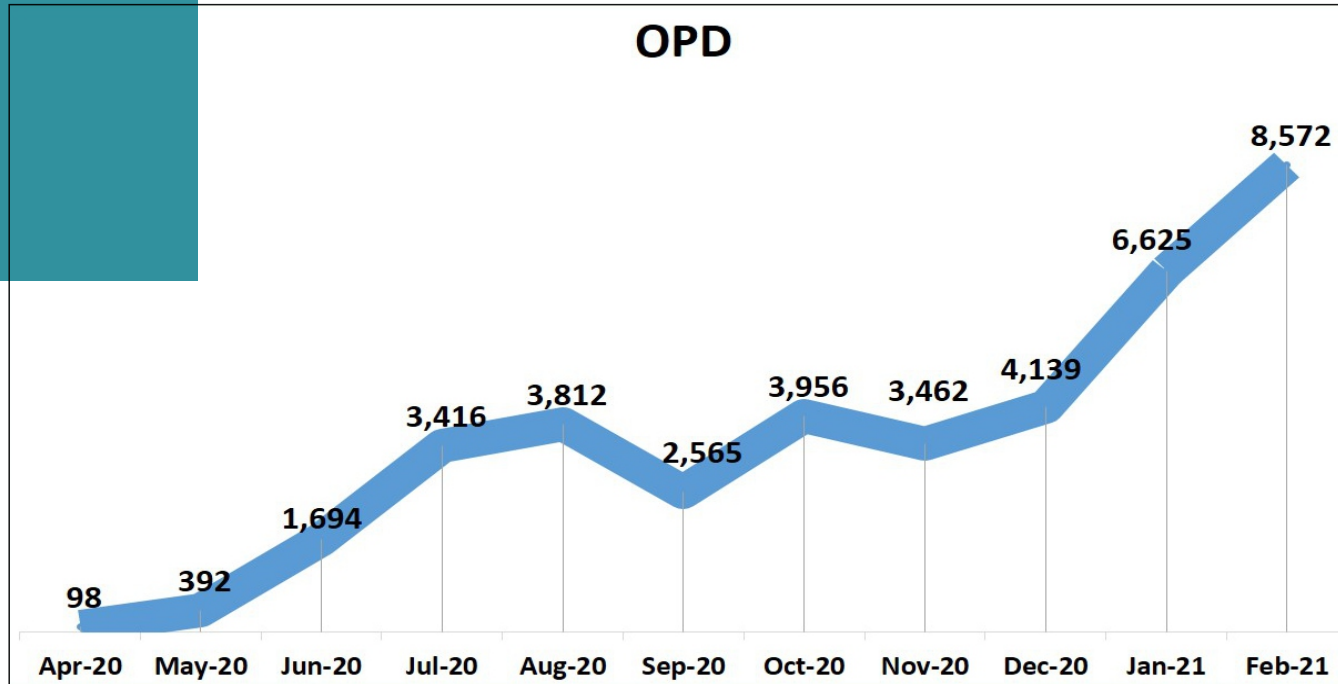
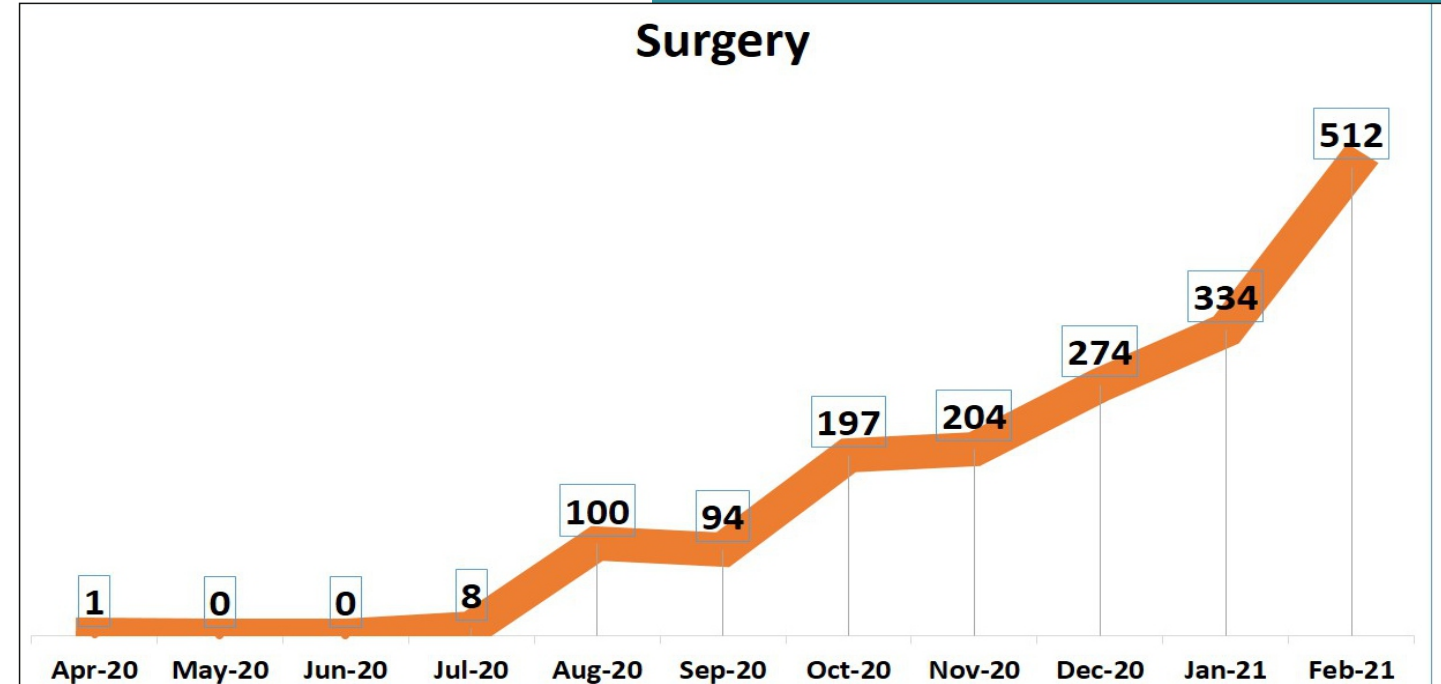
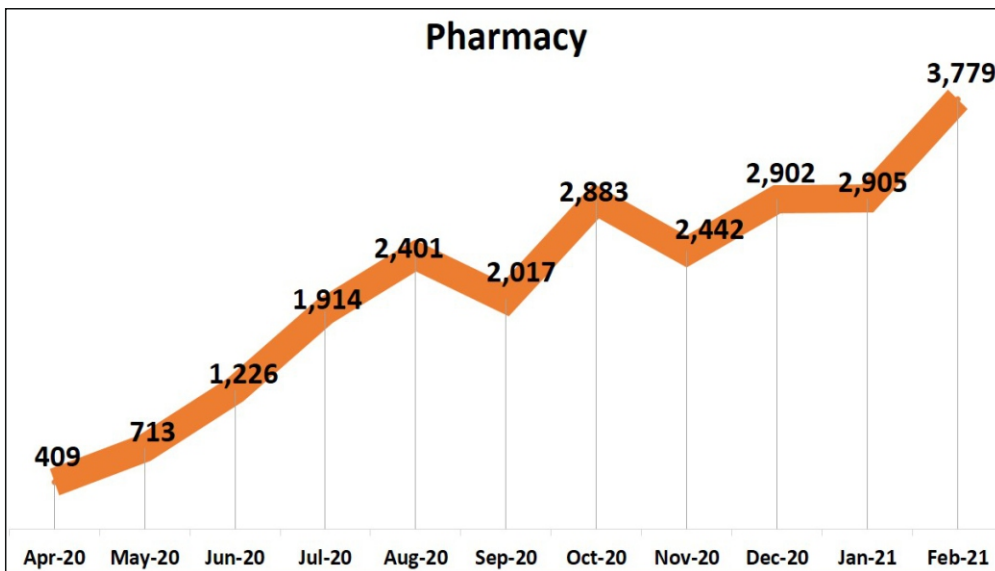
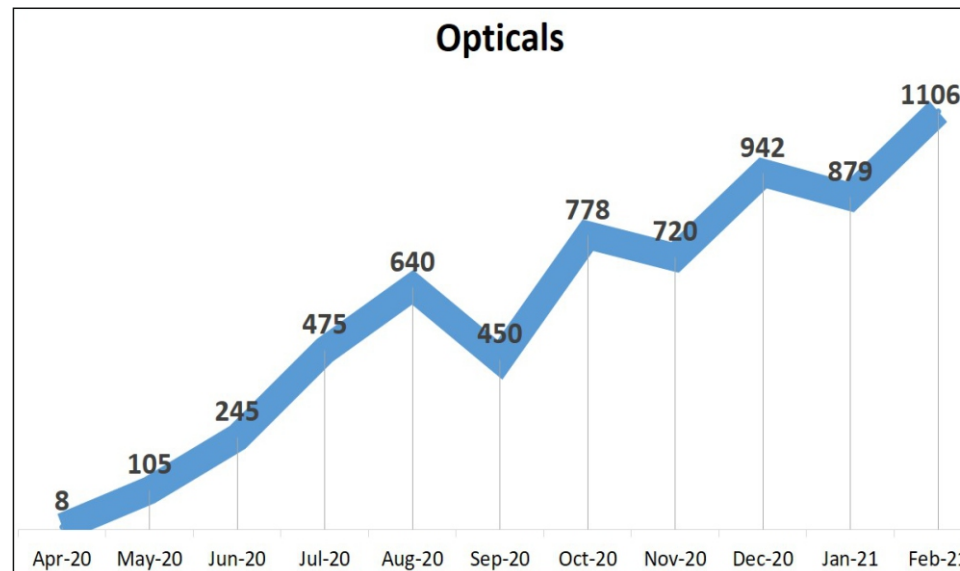
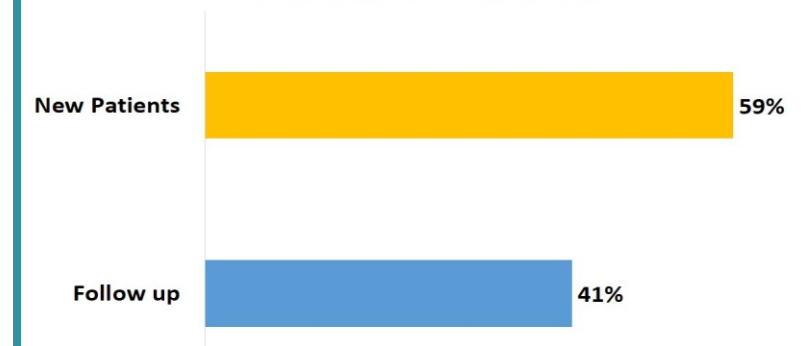
Most advanced cataract surgery is here.

We have the most advanced technology to bring you the most precise cataract surgery. The expert hands of our ophthalmologists gives you the best possible, most predictable improvement in your vision.

For Appointment - 9456597802 & 9456597809

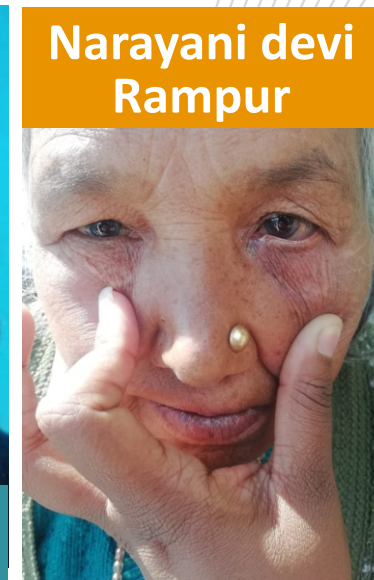
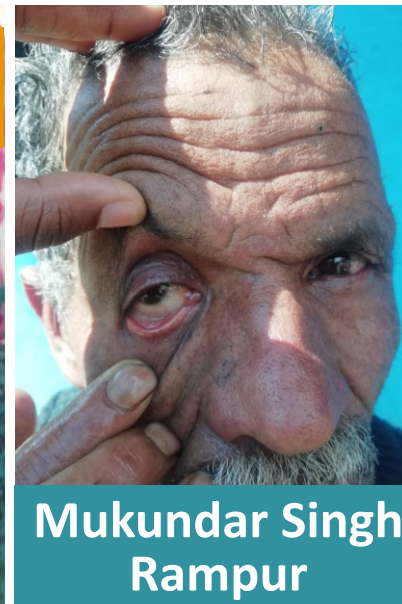
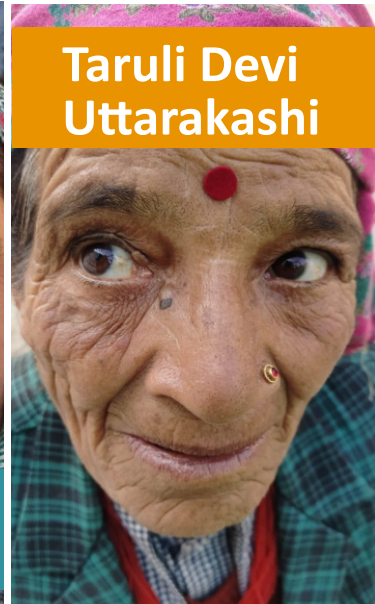
परम पूजनीय भोले जी महाराज करुणामयी माता मंगला जी

DATA SNAPSHOT

OPD

Surgery

Pharmacy

Opticals

Follow up & New patient %


VIRTUAL CONSULT PROGRAM

Patient connected with Eye Care specialists of THF EC from remote locations of Uttarkashi, Chamoli, Pauri & Rudraprayag.



REFLECTIONS

FEBRUARY 2021

THE HANS FOUNDATION EYE CARE



MARCH QUOTES

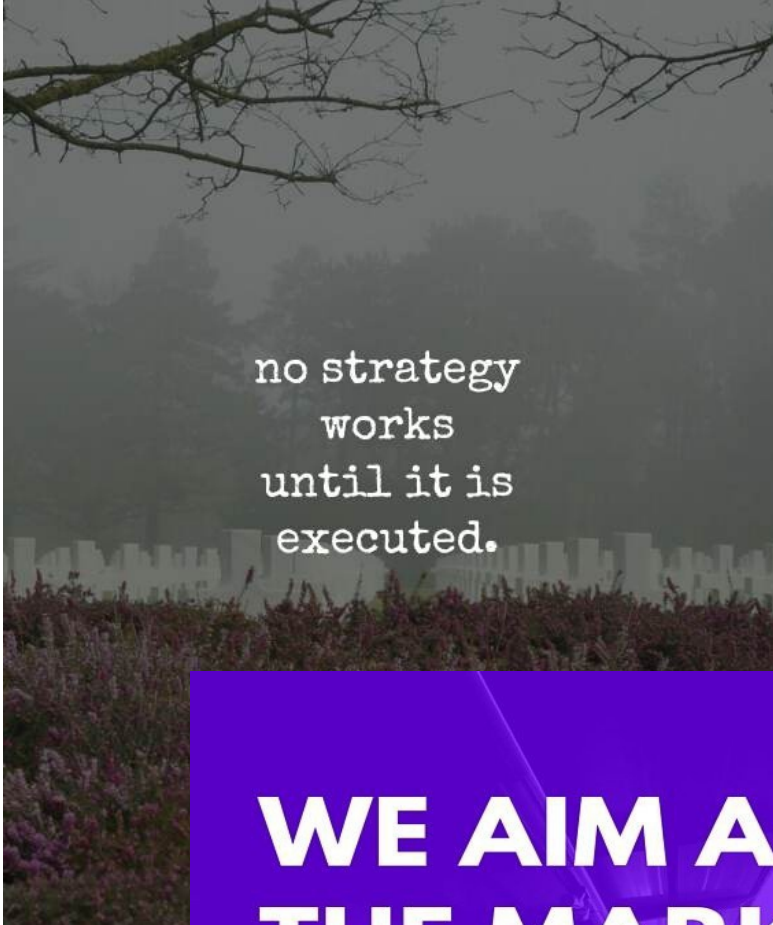


"THE KEY IS NOT THE WILL TO WIN...
EVERYBODY HAS THAT. IT IS THE WILL TO
PREPARE TO WIN THAT IS IMPORTANT."

“ ——— ”

**OLD WAYS
WON'T OPEN
NEW DOORS**

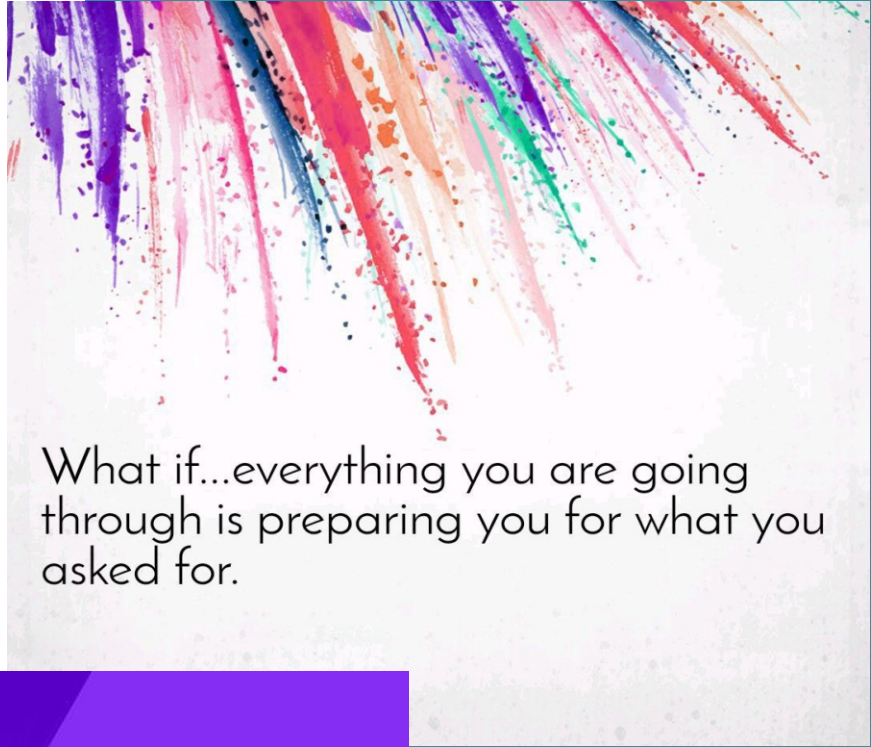
A goal
without a
plan is just
a wish.



no strategy
works
until it is
executed.



**WE AIM ABOVE
THE MARK TO
HIT THE MARK.**



What if...everything you are going
through is preparing you for what you
asked for.

KNOW YOUR COLLEAGUE



आपका पूरा नाम : शाहिद

THF EC में कार्य करने के लिए आपको क्या प्रेरित करता है ?

मुझे पौधे, फूल, सब्जियां उगाना, उनकी देखरेख करना और उन्हें बढ़ते हुए देखना बहुत पसन्द है। हंस फाउंडेशन आई केयर में मुझे मेरी पसंद का कार्य करने को मिलता है साथ ही अब मुझे हॉस्पिटल में पेशेंट की सहायता करने और क्लिनिक के प्रचार का कार्य भी दिया गया है। बहुत सारे मरीज मुझे अब जानते हैं और मेरे पास मदद के लिए आते हैं तो मुझे बहुत अच्छा लगता है।

कृपया हमें अपने परिवार के बारे में बताएं ?



मेरा एक संयुक्त परिवार है। मम्मी, छोटा भाई, बहन, बीवी और दो बच्चे हैं।

आपकी प्रेरणा और आदर्श कौन हैं ?

मेरी प्रेरणा और आदर्श मेरे गुरु " सैयद साहब जी " हैं, जो कि मेरा हमेशा सही मार्गदर्शन करते हैं।

आप अपने खाली समय में क्या करना पसंद करते हैं ?

अस्पताल में काम करने के पश्चात, मैं बच्चों को उर्दू पढ़ाता हूँ। मैं हर रोज लगभग 40-50 बच्चों को उर्दू पढ़ाता हूँ।

सहकर्मियों के लिए कोई संदेश ?

स्टाफ में सभी बहुत अच्छे हैं, मेरा संदेश यही है। कि सभी एक दूसरे को दैनिक कार्य में मदद करते रहें जिससे की हमारा THF EC और तरक्की करें।

रैपिड फायर

जन्म तिथि : जनवरी 1981

फिलोसोफी : गरीबों की मदद करना

पसंदीदा रंग : हरा

पसंदीदा खाना : शाकाहारी भोजन

पसंदीदा एक्टर : आफ़ताब

पसंदीदा मूवी : कोई नहीं

पसंदीदा पुस्तक : कुरान शरीफ, मिलाद ए- अकबर

पसंदीदा पर्यटन स्थल : अजमेर शरीफ

NEW UNIFORM F&B STAFF



S U C C E S S

NEXT EXIT ↗